

## Why BarleyMax®?

- Certified organic
- High levels of enzyme activity
- Contains a wide variety of vitamins and minerals
- Rich source of antioxidants
- Promotes detoxification
- Leaves an alkaline ash in the body
- Looks and tastes fresh
- Tastes great and mixes well
- 100% pure juice, nothing added
- Made from young plants, not a whole-leaf product
- Low temperature processing
- Grown and packaged in the USA

BarleyMax® is dehydrated juice from young barley and alfalfa plants, providing one of the widest spectrums of naturally occurring nutrients available in a single source. Our manufacturer sets a new industry standard by utilizing a proprietary dehydration process which is capable of dehydrating juice to a powder with minimum degradation of color, flavor, aroma, enzymes, and nutrition.

BarleyMax™ is available in a 8.5 oz. (2 month supply) and a 4.2 oz. (1 month supply) container. Also in vegetable capsules, 240 ct.

Proudly Offering Hallelujah Acres® Living Foods

BarleyMax® is complemented by our other "Living Food" products, BeetMax™ and Carrot JuiceMax™



The Food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure, or prevent any disease.



© 2004 Hallelujah Acres, Inc.  
 900 S. Post Road • Shelby, NC 28152  
 P.O. Box 7 RR#2 • Shallow Lake, ON N0H 2K0  
[www.hacres.com](http://www.hacres.com)

CERTIFIED ORGANIC  
**BARLEYMAX®**  
 LIVING FOOD  
 FOR MAXIMUM NUTRITION



**Dr. James Balch, M.D. and Phyllis Balch, C.N.C. share the many benefits of barley and alfalfa in their book, *Prescription for Nutritional Healing*.**

Barley provides a rich synergistic blend of minerals such as calcium, magnesium, and iron, as well as essential amino acids, chlorophyll, flavonoids, vitamins, and many trace elements and enzymes. Alfalfa is one of the most mineral-rich foods, with roots that grow as much as 130 feet into the earth. Alfalfa contains calcium, magnesium, phosphorus, potassium, and most vitamins. The minerals are in a balanced form, which promotes absorption.

Dr. Balch also states that barley and alfalfa have both been found to demonstrate anti-inflammatory properties.<sup>1</sup> Because of the richness in content of vitamins, minerals, enzymes and every other naturally occurring nutrient, barley and alfalfa, as well as other freshly extracted vegetable juices, aid the body in the activation of self-healing.

<sup>1</sup>Balch, James F. and Phyllis A., *Prescription for Nutritional Healing* 3rd Edition (2000): 63, 64

## BarleyMax® AF

- BarleyMax® AF (alfalfa free) is also available for those who prefer a 100% pure barley powder product. BarleyMax® AF is produced under the same stringent requirements as regular BarleyMax®, utilizing the same proprietary dehydration process that converts the barley juice into powder without sacrificing nutritional potency.
- The raw barley is grown on certified organic farms and is harvested at peak growth cycles to capture the highest nutrient levels.
- BarleyMax® AF, like BarleyMax®, contains no additives or fillers.

For nutritional and other information on BarleyMax® or BarleyMax® AF, feel free to visit [www.barleymax.com](http://www.barleymax.com).



## Try BarleyMax® for a week and see what it will do for you!

In nature, there is no such thing as 2000 mg. of calcium or vitamin C isolated into a single food.

Foods contain hundreds of compounds that interact with each other in the foods themselves and in our digestive tracts and bloodstreams. The combinations of nutrients and other factors found in foods bear little resemblance to those found in most supplement pills; they are many times more complex.

For example, vitamin C aids in the absorption of calcium and iron. Iron is required to convert beta-carotene to vitamin A. Calcium and pyridoxine help absorb vitamin B12, which is essential for the activation of folic acid.

The key to rebuilding the body at the cellular level, and promoting the body's innate self-healing, is the consumption of freshly extracted vegetable juices and concentrated green juices such as BarleyMax®.

**Suggested Use:** BarleyMax® is best taken on an empty stomach or 20-30 minutes before meals. Mix one teaspoon of BarleyMax® in 4 or 5 ounces of distilled or purified water. BarleyMax® is easier to mix with water by shaking or using one of our battery powered hand blenders. Take 2-3 times per day or more if nutritional needs are higher. If detoxification is uncomfortable, reduce to smaller servings and increase gradually.