

ISSUE #757: WHAT'S WRONG WITH NATIONAL HEALTH CARE?

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Weekly digest of articles found at www.georgemalkmus.com.

FEATURE ARTICLE: WHAT'S WRONG WITH NATIONAL HEALTH CARE?



Rev. George Malkmus

In [last week's Health Tip](#) we began taking a look at recent legislation called the **PATIENT PROTECTION AND AFFORDABLE CARE ACT (PPACA)**, also referred to as "Obamacare", "National Health Care" or "Socialized Medicine."

I shared a **letter I had written to Hillary Clinton 18 years ago** to show that my opposition to National Health Care (PPACA as it is called today) is not recent.

I opposed National Health Care 18 years ago just as much as I oppose it today, because **it is dangerous to the health, well-being, pocketbooks, and freedoms** of the American people.

IS NATIONAL HEALTH CARE A GOOD IDEA?

There are a number of reasons to be concerned about PPACA. Here are the three I feel are most important.

1. PPACA cannot bring health to the American people.

One of the reasons I opposed National Health Care 18 years ago is the same reason I oppose National Health Care (PPACA) today. – Neither is capable of bringing health to the American people!

Rather than bringing health to the American people, PPACA will **force** all Americans, whether they want to participate in it or not, into a system that has already proven to be an abject failure.

Doctors and drugs never have nor never will be capable of bringing health to the American people! Why? Because the **treating of disease doesn't produce health!** Furthermore, these **modalities are often more dangerous** to the health of the individual being treated than the disease they are being treated for.

Here is just one example of why I say this:

Every year in America, **medical mistakes and adverse reactions** to prescription drugs **cause the death of over a half-million Americans!** That makes modern medicine the **number one cause of death** in America each and every year.

- Dr. Leape, in 1994, said his figure of 180,000 medical mistakes annually was **equivalent to three jumbo-jet crashes every two days.**
- The number of **unnecessary medical and surgical procedures** performed annually is 7.5 million. The number of people exposed to **unnecessary hospitalization** annually is 8.9 million. The total number of **iatrogenic deaths** [induced inadvertently by a physician or surgeon or by medical treatment or diagnostic procedures] is [783,936](#).

The results obtained by going to doctors and taking drugs for physical and psychological problems **hasn't improved in the past 2,000 years!**

The below verse from the Bible tells us the results the medical community was obtaining in treating a woman with health issues over 2,000 years ago, a woman who walked this earth during Jesus' time here on earth.

“And a certain woman, which had an issue of blood twelve years, and had suffered many things of many physicians, and had **spent all that she had**, and was nothing bettered, but rather grew worse.”
(Mark 5:25-26)

And please note that today, over 2,000 years since the "modern medicine" of Jesus' day was incapable of healing this woman in the Bible with an “issue of blood”, **modern medicine is still incapable of healing disease** any better.

Yes, today, **people are still suffering greatly at the hands of modern medicine** no matter how many scientific breakthroughs and advances they claim, or how many medical breakthroughs they claim are on the horizon.

Did you ever watch a friend or loved one, after having been diagnosed with cancer, go to the hospital and after the administering of chemotherapy, radiation, and surgery **suffer greatly like the woman with the issue of blood?** Not to mention: “had spent all that she had, and was nothing bettered, but rather grew worse.”

If you have ever **watched a person go through that torture**, you understand what I am saying here. They experience wretched vomiting, violent shaking, hair falling out, muscle wasting, along with unobservable damage to brain, liver, kidneys, and so many more horrible side-effects.

And then after all of this torture, **the cancer often comes back**, and they go through that torture again, with the same or worse results, and then too often – **they die anyway.**

Can this so-called progress honestly be called “health care”?

And then there is the cost...

2. PPACA will bankrupt our government and its people.

QUESTION:

Is the health of the American people any better today when we are spending **\$2.7 trillion annually for health care**, than it was in 1994 when Hillary Clinton was trying to get the nation to adopt a national health care plan and we were spending **\$942 billion annually**?

The 2.7 trillion spent last year on health care is projected to top **\$3 trillion this year**. In fact, the cost of health care is projected to **increase every year into the distant future** with no letup in sight, as the people of our great land become progressively sicker.

QUESTION:

Are the results the American people are obtaining, after all the money being spent on so-called "health care" today any better than the results obtained 2,000 years ago, when this women "SPENT ALL THAT SHE HAD", as recorded in the Bible?

"And a certain woman, which had an issue of blood twelve years, and had been to many physicians, and had SPENT ALL THAT SHE HAD, and was nothing bettered, but rather grew worse."
(Mark 5:25-26)

The more people forced into National Health Care (PPACA), **the higher the costs will become**. The health of the American people **cannot be improved by spending ever more money** on so-called health care. That is already a proven fact! But there is a solution, and I will share what the solution is in next week's Health Tip.

3. PPACA will bring us a step closer to socialism.

National Health Care is something most European governments have provided their citizens for many years. The cost of European health care, along with other **SOCIAL** programs, and an ever increasing control of industry by government, have brought the people of Europe into what is called "**European Socialism**".

As government control and power over the private sector has increased, the freedoms of the people have decreased. European socialism has caused **a great loss of freedoms**, brought **economic chaos**, and increasingly **poorer health** to the people of Europe.

As government provides ever increasing **SOCIAL** programs for the people, the people become **increasingly dependent on government** and begin to feel that these social programs are a "right"! These social programs are NOT guaranteed in the Constitution of these United States.

The only responsibility of government to the people is to protect the people from foreign invaders and provide an environment where the people can **pursue life, liberty, and the pursuit of happiness**, in a free environment. Only in a free society, not hindered nor encumbered by government, can a nation flourish!

Then **when the government cannot continue these social programs** because the money is gone and they try to cut back, **the people rise up in anger**, vote out the government that is trying to bring about austerity, and vote for and demand that these social programs continue.

Greece is an excellent example of what ultimately happens under **SOCIALISM**. When there is no more money to pay for these **SOCIAL** programs and the government tries to cut back on government handouts, there is rioting in the streets by the people who want the government to continue the handouts, **even though there is no longer any money to pay for them**.

WHAT IS SOCIALISM?

The word “socialism” ought to scare every red blooded, freedom loving American, because it is **the first tool government uses in an attempt to enslave the people**. And once a socialist government has been installed the next step is communism.

There are only three systems available to supply the necessities of life – **Capitalism, Socialism, and Communism**.

Those seeking to bring America into a socialist system **criticize capitalism and make it a dirty word**, claiming it to be an unjust system. Though there are some **unscrupulous individuals who abuse and misuse this system**, critics of capitalism fail to realize that it is capitalism that has made America the envy of the world and the place where multitudes from around the world have been seeking to escape to for hundreds of years.

Politicians seeking to bring about a “socialist” form of government **go after the poor**, telling them that they are being mistreated by those who have more than they, or try to make it a race issue. But **most Americans have no idea what being poor is** no matter what the color of their skin.

The poorest in America, in a capitalist society, are rich compared to others in the world living under a socialist or totalitarian government. In America, **under a capitalist system, the poor drive automobiles have televisions and cell phones, running water, plenty of food on the table and a roof over their head**.

If a person wants to see what being poor really is, they should go see what I saw when I visited **South Africa** some years ago. There, many of **the poor live in shanty villages** without electricity, a toilet, or even running water, with absolutely no hope for the future.

My own grandparents on my mother’s side, right here in America, lived without electricity, running water or a toilet, without health insurance or life insurance, and **never considered themselves to be poor**, nor did they ever receive or expect even one dime from government. Rather **they were proud, hard working Americans** that earned their bread by the sweat of their brow, and because of their industriousness, had great hope for the future.

For a moment, let’s take a look at the differences between Capitalism, Socialism, and Communism. Webster’s Dictionary defines each as follows:

“CAPITALISM – an economic system in which investing in and ownership of the means of production, distribution and exchange of wealth is made and maintained chiefly by private individuals . . .”

For years, we have had leadership in our government, politicians who have been trying to take our country away from a capitalist system and into a **socialist system**. If they succeed, it will **forever destroy America** as we have known it. And what is socialism? Again, let’s allow Webster to define:

“SOCIALISM – a theory or system of SOCIAL organization in which the means of production and distribution of goods are owned and controlled collectively or by **GOVERNMENT** . . . **the stage following capitalism in the transition of a society to communism** . . .”

“COMMUNISM – . . . a system of SOCIAL organization in which all economic and SOCIAL activity is controlled by a totalitarian state dominated by a single political party. . .”

The United States of America for over 200 years has been a bastion of freedom – the envy of the world – the land of the FREE and the home of the brave!

Our pledge of allegiance to our country's flag states: “I pledge allegiance to the flag of the United States of America and to the republic for which it stands, ONE NATION UNDER GOD, INDIVISIBLE, with LIBERTY and JUSTICE FOR ALL.”

HEALTH CARE PLAN DANGERS - EXPOSED

“Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about seeking whom he may devour. Whom resist steadfast in the faith.”
(I Peter 5:8-9)

In order to better understand **why I oppose National Health Care** it is necessary to take a look at not only the failure of the system to improve the health of the people and its unsustainable costs, but also the implications of socialism, and how National Health Care (PPACA), when forced upon the citizens, becomes **a tool to enslave the people**.

This enslavement of the people **doesn't just happen overnight, but slowly** as what should be the responsibility of the citizen is allowed by the citizens to be assumed by the government. Sadly, and often too late, **by the time the citizen realizes what is happening they have lost their freedom** and have sold their birthright.

In other words, before the people are aware of what is happening to them, **if National Health Care is upheld by the Supreme Court, they will have lost their freedom** to control their own health! Their bodies will become government property, completely controlled by government. That's what is happening currently in these United States of America.

PPACA is **government's attempt to take control over the health of each citizen** of these United States. First they will require every citizen to have health insurance. What this health insurance will cover will be **dictated by government**. Then government will require insurance companies to cover, without extra cost, ever more things.

When the insurance companies can no longer make a profit because costs are greater than premium payments, **insurance companies will go out of business** and government will be the only entity left to provide health insurance. That is one of the dirty goals of PPACA.

Once this happens, **government will determine who is worthy of receiving treatment** and who is not. Because of the **unsustainable high costs** of treating disease, rationing will have to be put into place, and the **elderly will be the first to be denied services** because they are no longer able to work and pay taxes. The elderly are a drag in a socialist society.

[President Obama has already expressed](#) that in order to minimize health care costs **the elderly who need expensive treatments should be given a pill** rather than obtain expensive treatment.

This all reminds me of the story of the frog who was placed into a pot containing cold water. The frog became very comfortable in that cold water until the pot was placed on a stove burner and slowly heated. **By the time the frog realized what was happening to it, the water was boiling**, and the frog was no longer able to jump out of the pot. The frog died because it did not realize what was happening to it until **it was too late**.

DON'T I HAVE A RIGHT TO HEALTH CARE?

There are some today telling us that Health Care is a “right” that ought to be provided by **government**. But in America, government is supposed to be controlled by “We the People”, with its only power given it by the citizens, citizens who at the ballot box determine who will run government.

How can government afford to provide its citizens with “Health Care”? **IT CAN'T!** In order for government to provide health care it must first **take the money from the people in the form of taxes** and then dole it back to the people as government sees fit. The only money government has to spend has to be first taken from taxpaying working people.

In America, **nearly 50% of the people pay no taxes**. That means that those who pay taxes are thus subsidizing the health care costs of the non-tax-paying citizen, even the health care costs of those who have entered our country illegally. This is financially unsustainable.

As sickness increases due to poor diet and lifestyle, health care costs increase, and the monies paid in taxes by working Americans becomes insufficient to cover costs. As ever increasing sums of money are required to pay the costs of health care, **ever more money needs to be borrowed (from China)**, eventually resulting in national bankruptcy.

As in the frog illustration above, **PPACA is the beginning of the end** for each citizen who desires to live in freedom rather than slavery.

Once citizens are required to look to government for their health care, **that person's body becomes government property**. Government control of a person's body is socialism, a giant step toward communism, a system where government controls everything.

WHAT IS THE EVENTUAL RESULT OF NATIONAL HEALTH CARE?

PPACA will force every citizen of these United States to turn their bodies over to a government that, rather than having their best interest at heart, is **increasingly trying to exert ever more control** over the people. As this happens, America ceases to be “The land of the FREE”!

PPACA will bring disunity to the people of our great land. Currently the nation is divided on the issue of National Health Care. One side wants government to provide their health care, while the other side wants government to butt-out and allow the people to be responsible for their own health care.

Surveys show that over 60% of the American people oppose PPACA. Our own poll on this Health Tip showed the following results:

The U.S. Supreme Court is hearing arguments on National Health Care. How would you rule?

- **RULE THE ENTIRE ACT UNCONSTITUTIONAL (86%, 1,235 VOTES)**
- Uphold the act (7%, 106 Votes)
- Rule only the mandate unconstitutional (4%, 62 Votes)
- Have no opinion (3%, 28 Votes)
- Total Voters 1,431

The Supreme Court of these United States is currently deliberating on the constitutionality of PPACA. Its ruling will be made public in early June.

If the Supreme Court rules in favor of PPACA, it will result in the people of America losing one of their greatest freedoms – the ability of each individual to control their own body and health. If upheld, it will be a giant step toward turning America into a socialist nation. If this happens, **Greece is an sobering example** of what we have to look forward to.

If the Supreme Court strikes down PPACA, it will be a giant step in restoring the freedoms of the people of this great land and a giant step away from socialism. May God help us! PRAY!

“If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.”

(II Chronicles 7:14)

Next week the good Lord willing and if the creeks don't rise too high, I will share a solution to our current dilemma concerning health care. Trust you will join us!

HEALTH MINISTER TRAINING ONLINE A TREMENDOUS SUCCESS



Prior to April 2012, those desiring to take **Health Minister Training** had to journey to Shelby, North Carolina (or prior to 1997 to Tennessee), except for the rare times when we took Health Minister Training on the road.

Over **10,000 have made that journey** in the past and are now Health Ministers.

As of April of this year, we introduced our first-ever Health Minister Training online. April was our test run and was offered to only 30 students. We were hoping for at least 15 students to register. To our amazement, **within two hours of announcing the availability** of this first online training class, **the class was sold out!**

With that exciting beginning of Health Minister training online, we wondered what May enrollment would produce. Once again, **almost all classes were sold out — nearly triple the response of the previous month!** May's enrollment includes 89 students from most states in the United States and from **27 countries around the world!** In the past two months, we've had students log-on to Health Minister Training from:

1. Algeria
2. Australia
3. Barbados
4. Bermuda
5. Canada
6. Ecuador
7. France
8. Germany
9. Ghana
10. Hong Kong
11. Iceland
12. Israel
13. Jamaica
14. Japan
15. Kenya
16. Malaysia
17. Mexico
18. New Zealand
19. Nigeria
20. Northern Mariana Islands
21. Philippines
22. Poland
23. South Africa
24. Switzerland
25. Uganda
26. United Kingdom (Great Britain)
27. Zimbabwe

We're now accepting students for our next [Health Minister Training Online](#) session, starting June 11 — [register today!](#)

RECIPES FOR LIFE: BLUEBERRIES - WONDERFUL FOR SNACKING!



Rhonda and I have made the landscaping around our home in Shelby an “edible landscape.”

At the moment, we are especially excited about the **47 blueberry plants lining our driveway** which we planted three years ago when only about a foot high. This year they are three and four feet tall and just **covered with blueberries**. There are clusters of blueberries on some of the branches so large **just one cluster would fill a cup**.

Here is what we are currently growing:

- 5 blackberry bushes (thorn-less)
- 6 grape vines
- 3 fig trees
- 2 apple trees
- 1 pear tree
- 1 peach tree
- 1 persimmon tree
- 1 cherry tree

And three raised garden beds (4'x12' each) where we grow some of our veggies throughout the year.

What does one do with so many blueberries?

Freeze them! They will keep frozen until next season and we place one cup of them in each of our morning “[green smoothies](#)”. But in addition to using them in our smoothies, frozen blueberries make **an absolutely delicious and highly nutritious snacking food** on a hot summer day.



If you have some land around your house, you might consider growing blueberries. In most areas they are **easy to grow**, require **little maintenance**, have **few pests**, and are so rewarding.

If you can't grow them perhaps you can go to a **u-pick blueberry farm**, pick your own, (which is lots of fun for a family outing), and then bring them home (what you don't eat while picking), and **freeze them for later enjoyment**.

DID YOU KNOW?

A [study](#) by The University Of Michigan Cardiovascular Center found that blueberries may help reduce belly fat and risk factors for cardiovascular disease and metabolic syndrome.

Send Us Your Recipes

If you have a favorite recipe that you think would be enjoyed by other Hallelujah Health Tip readers, send it to me! We will share the best of them in future Health Tips and on our website. They can be raw or cooked, but they **must be Vegan** (contain no animal products), and contain no refined sugar, refined grains, or table salt. If you have a favorite recipe, please go to the [Hallelujah Acres Suggestion Box](#) to submit it. (www.hacres.com/contact/ideas)

SCHEDULE OF UPCOMING SEMINARS & EVENTS

May 31 - June 2: [Health Minister Training, Vancouver, BC](#)
June 1: [An Evening with Rhonda Malkmus](#)
June 2: [God's Way to Ultimate Health Seminar](#)
June 2: [Where Do I Go From Here Class](#)
June 11: [Health Minister Training Online](#)
July 6: [An Evening with Rhonda Malkmus](#)
July 7: [God's Way to Ultimate Health Seminar](#)
July 7: [Where Do I Go From Here Class](#)



See [the event calendar](#) for a complete listing of events conducted by Hallelujah Acres.
(www.hacres.com/education/event-calendar)

MAILBAG: FERTILITY TREATMENTS? TRY CHANGING YOUR DIET!



Living for others is so rewarding! For most of my adult life the following has been my motto: "Others Lord, yes others; may this my motto be; Help me to live for others; that I might live for Thee."

My reward for "Living for Others" is the pile of testimonies I receive from folks who have applied the information I share in these weekly Health Tips and the seminars I conduct. These testimonies are worth far more than silver or gold or rubies to me!

"I just wanted to thank you Rev. Malkmus and your staff for making this excellent way available to so many and at no cost. I have found the way of eating you teach to be the best! I began [The Hallelujah Diet](#) six months ago and as a result have **lost 38 pounds** for an average loss of six pounds a month. And I have found it so interesting learning more and more as well as trying new recipes that I have found not only delicious, but so satisfying. The [green smoothies](#) are fantastic and delicious. I never tire of all the different ways you can change the flavor by varying the ingredients.

I now **hardly ever eat anything cooked** and could not in a million years have ever believed they could taste so good if I had not given them a try. Thanks so much for teaching us all how to eat in order to live a better and healthier lifestyle. God has been so good to me and will be to others if they will but ask Him and then **be obedient to making this diet and lifestyle change.**

I have also been on the Hallelujah Acres [60-Day challenge](#) and was so impressed by what I learned that I have been doing everything right regarding the diet for the past six months. I am blessed beyond measure.

Love and prayers to you and all those at Hallelujah Acres who have made this possible for me and all the others who have adopted the Hallelujah Acres way of eating."

ZILLAH A., PERRY, FLORIDA

“Rev. George, My husband and I were able to have two children and planned to have more, but after my second child **I was unable to become pregnant.**

For nearly eight years **I prayed that the Lord would open my womb** and allow me to have another child but those prayers went without an answer. After many years of prayer, our family moved to Tennessee so that my husband could attend Bible School. There I heard some serious preaching regarding praying and how if we wanted God to answer our prayers we often had to be participants in that answer.

Well it wasn't long after, that the Lord brought a new friend into my life who had been through a very similar circumstance of barrenness. She told me that after many years of praying, she was introduced to [The Hallelujah Diet](#), and as a result **her prayers for a child were answered.** I believed if The Hallelujah Diet could be the answer to her prayers for a child; a changed diet could be the answer to my prayers as well.

And sure enough, after seven years of prayer, **in just a few short months** after making the diet change, **the Lord opened my womb** and filled our lives with not only another child, but with **four more children.** God is amazing!

I have learned, though it has not always been easy, that true health results only from a strict vegetarian diet and the following the blessed truths that Hallelujah Acres offers. God bless you, and thank you for your faithfulness to Him, and to His Word, and the truths that lie in the pages of the Bible.”

SARAH S., TENNESSEE

[Share Your Story](#)

Has the Hallelujah Diet made a difference in your life? We'd love to hear about it. Please consider sharing your testimony with us and allowing it to be an encouragement to others. [Click here to start.](#)
(www.hacres.com/library/testimonies/submit-yours)

Want to Know More?

Hundreds of testimonies sent by readers just like you are located on our website.
(www.hacres.com/library/testimonies)

UNTIL NEXT TIME...



I look forward to these opportunities to share a healthy lifestyle each week through this electronic Health Tip. This is a labor of love. Rhonda and I have dedicated our lives to eradicating physical problems from the world, and especially from the Christian community. We want to be a help, and blessing, to you and yours. Till next issue, Rhonda and I send our love and best wishes for a healthy and happy week!

Rev. George H. Malkmus, Lit.D.
Editor, Hallelujah Health Tip
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If you would like Rhonda and this editor to include you in our prayers as we kneel by our bedside each evening, [send us an email here](#).

DISCLAIMER

***The nutritional and health information in this weekly health tip is based on the teachings of God's Holy Word, the Bible, as well as research and personal experience by the author and others. The purpose of this weekly health tip is to provide information and education about health. The author and publisher do not directly or indirectly dispense medical advice or prescribe the use of fasting or diet as a form of treatment for sickness without medical approval. Nutritionists and other experts in the field of health and nutrition hold widely varying views. The author and publisher do not intend to diagnose or prescribe. The author and publisher intend to offer health information to help you cooperate with your doctor or other health practitioners in your mutual quest for health. In the event you use this information without your doctor's or health practitioner's approval, you prescribe for yourself. This remains your constitutional right. The author and publisher assume no responsibility.